

## TOPIC EIGHT TEACHER NOTES

### Student Goals

- Identify measurements such as teaspoon, tablespoon, cup, etc.
- Say, *What is the dosage?*
- Know pill, capsule, tablet, drop, etc.
- Use *yesterday, today, tomorrow, and times to take medicine.*  
Example: Take two pills three times a day.

### Notes to the teacher

The eighth topic should review health problems in parts of the body and understand the verbs to be used in medical situations. Help the students figure out dosages. Read the labels, if possible, on several bottles.

### Suggestions

1. Once again, bring several items from your home medicine cabinet. Bring a cup, a teaspoon and a tablespoon. Show the items & demonstrate them.
2. TPR the dosage for medicines. Practice, drill and test the students hearing and understanding of the amounts. Make this a time the students have to talk and answer you.
3. Drill verbs. The question drill and the negative drill are very important here. How much do I swallow? Take one teaspoon.
4. This class brings out all the aches and pains and medical troubles. Be prepared to recommend a doctor. Realize that you are not medically trained, Say: I'm not a doctor. I use this. I call for help. I ask the pharmacist. Do NOT practice medicine without a license.
5. If there is a health packet, or a pharmacist willing to help, this is a good time to ask for help.
6. Teach meal times. Take one pill after each meal.
7. If they already know the above:
  - a. Ask about other medicines they take. For example: high blood pressure.

## Reading and Writing Exercises

1. Write model sentences on the board. Be sure students read with you, alone and with you again. Have them copy the Jazz Chant.

## Materials You Will Need

- Measuring spoons to teach dosages of medicines: teaspoon (t), tablespoon (T), dropper, etc.
- Boxes from the medicine cabinet. Aspirin, antacids, cough drops, Pepto Bismal, etc.
- Picture of the body.
- Clock to teach mealtimes.
- Any handouts you will use, copied and ready for your class.

## Competency

- I know *teaspoon*(t) and *tablespoon* (T) .
- I know *breakfast*, *lunch*, & *dinner*.
- I know *dosage* and whether it goes with or without meals.
- I know the meaning of, *swallow*.

## TOPIC EIGHT: Dosages for Medicines

### VOCABLUARY

#### Verbs

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- |            |            |              |
|------------|------------|--------------|
| 1. Swallow | 3. Measure | 5. Must have |
| 2. Drink   | 4. Taste   | 6. Take      |

#### Prepositions

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1. During
2. After
3. With

#### Opposites

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1. Sick, Well
2. Right, Wrong
3. Take, Give
4. With food, On empty stomach

#### Nouns

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- |                 |            |                    |
|-----------------|------------|--------------------|
| 1. Pill         | 6. Morning | 11. Tablespoon (T) |
| 2. Food         | 7. Noon    | 12. Glass          |
| 3. Drugstore    | 8. Night   | 13. Drop           |
| 4. Caplet, Pill | 9. Lunch   | 14. Pharmacist     |
| 5. teaspoon (t) | 10. Dinner | 15. Breakfast      |

#### Questions

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1. How much do I take?
2. What's the right amount?

## READING AND SPEAKING EXERCISE

### When do I take my medicine?

When do I take my medicine?

When do I take it?

Take it every morning with a meal.

Take it every evening with a meal.

Don't forget. It's important.

When do I take my medicine?

When do I take it?

Take it every morning with a meal.

Take it every evening with a meal.

Don't forget. It's important.

Take this pill three times a day., morning, noon, and night.

Take it with water or milk?

Take it with water or milk?

Take it with food, and never on an empty stomach.

OK, I will.

OK. I will.

### Three Times a day

How much do I take?

How much do I take?

One tablet three times a day.

One tablet three times a day.

One at breakfast, one at lunch, one with dinner. No more.

One at breakfast, one at lunch, one with dinner. No more.

How much should I give her?  
How much should I give her?

One tablespoon every four hours. No more, no more.

One tablespoon every four hours. No more, no more.

Don't take it on an empty stomach. Be sure to eat.

Don't take it on an empty stomach. Be sure to eat.

## Medicines and Dosages

- |   |   |
|---|---|
| <p>1. How much do I give?<br/>Give the baby three drops twice a day.<br/>She cries.<br/>She must have the medicine.</p> | <p>4. What's the right amount to take?<br/>Take one pill three times a day.<br/>Take one tablespoon of cough medicine. Don't take it too often.</p> |
| <p>2. He keeps coughing.<br/>He must take the cough syrup before he goes to sleep.</p>                                  | <p>5. When do I take the medicine?<br/>Take it with meals.<br/>Do not take it on an empty stomach.</p>  |
| <p>3. She's really sick.<br/>She feels bad.</p>   | <p>6. Do you have an aspirin?<br/>No, I only have a Tums.</p>   |

## WRITING EXERCISE

**Write: *When do I take my medicine?* in all of the spaces below.**

When do I take my medicine?

**Write the words: *Take a pill, Once a day, With food, At dinner* in the spaces below.**

Take a pill			
Once a day			
With food			
At dinner			

**Write: *Can you swallow the pill?* in all of the spaces below.**

Can you swallow the pill?

**Write: *Yes, I can. I can swallow the pill.* in the spaces below.**

Yes, I can. I can swallow the pill.

**Write: *No, I can't I can't swallow the pill.* in the spaces below.**

No, I can't. I can't swallow the pill.

**Make the sentences below into a *question* in the space that follows and a *negative* sentence in the next space. The first sentence is an example.**

Take this pill three times a day. (this is an example)
Do I take this pill three times a day?
I don't take this pill three times a day
Take this pill each evening.
I have a bottle of aspirin.

**Write the words: *Measure, Taste, Swallow, With food, and Empty* in the spaces provided.**

Taste			
Taste			
Swallow			
Swallow			
with Food			
with Food			
Empty			
Empty			

**Write: *We eat dinner at 7:00 PM.* in all of the spaces below.**

We eat dinner at 7:00 PM.



**Write: *What time do you eat breakfast?* in all of the spaces below.**

What time do you eat breakfast?

**Write: *I don't like this medicine.* in all of the spaces below.**

I don't like this medicine.

**Write: *Are you taking your medicine three times a day?* in all of the spaces below.**

Are you taking your medicine three times a day?

**Copy the sentence that is on the left side into the space on the right side.**

This is a sample.	<b>This is a Sample.</b>
I like it.	
I do not like it.	
I don't like it.	
Do you like it?	
I taste it.	
I do not taste it.	
I don't taste it.	
Do you taste it?	
I swallow it.	
I do not swallow it.	
I don't swallow it.	
Do you swallow it?	
I drink it.	
I do not drink it.	
I don't drink it.	
Do you drink it?	

**Copy the sentence that is on the left side into the space on the right side.**

This is a sample.	<b>This is a Sample.</b>
I measure it.	
I do not measure it.	
I don't measure it.	
Do you measure it?	
I have it.	
I do not have it.	
I don't have it.	
Do you have it?	
I hurt.	
I do not hurt.	
I don't hurt.	
Do you hurt?	
I breathe in.	
I do not breathe in.	
I don't breathe in.	
Do you breathe in?	

