#### **TOPIC SEVEN TEACHER NOTES**

#### **Goals for the Student**

- Identify areas of the body in English.
- Say, I feel sick, It's an emergency. Dial 911.
- Know common physical complains, headache, sore throat, rash, fever, cramps.
- Use yesterday, today, tomorrow.

#### Notes to the teacher

The seventh topic should review parts of the body and verbs used in medical situations. Review as much as possible from the previous topics.

This topic can take weeks to teach, for it can cover many items. Students may open up and share needs. Those are true teaching moments.

#### **Suggestions**

- 1. Bring several items from your home medicine cabinet. Bring salve for a rash, aspirin, cough drops and something for heartburn or diarrhea. Often, just the empty box or carton is all you need. Show the items & demonstrate them.
- 2. TPR or act out the nouns and verbs in the vocabulary. Many don't know what to pick up in the drug store, nor the dosages to take. The next topic is about dosage for medicines.
- 3. Drill verbs like *hurt, ache,* etc. The *question and answer drill* and *negative drill* is very important here. *Where do you hurt? Does your head hurt? No, my head doesn't hurt.* Insert other nouns like *throat, stomach,* etc. and continue the drill. You can get lots of sentences from students with these drills.
- 4. Demonstrate *It hurts here. Does it hurt here? No, not there. Here.* Demonstrate *up, down. It hurts up here, not down there.*

#### TWELVE TOPICS FOR ESL BEGINNERS - Teacher Guide

- 5. This topic brings out all the aches and pains and medical troubles. Be prepared to recommend a doctor. Realize that you are not medically trained, Say: *I'm not a doctor.* I use this. I call for help. I ask the pharmacist. *Do NOT practice medicine without a license.*
- 6. If they already know the above:
  - a. Ask what other products they buy that are over-the-counter type. What illness do they use that product for?

#### **Reading and Writing Exercises**

- 1. Write model sentences on the board. *My father has pain in his stomach. It hurts him a lot. He hurts in his head too. He needs to see a doctor.* Have students read and copy the sentences.
- 2. Drill all the new verbs. Statement, question, negatives.

#### **Competency**

- I can ask for aspirin and cough drops.
- I can tell major parts of my body.
- I know pain, ache, sit down, etc.
- I can say where it hurts.

#### **Materials You Will Need**

- Boxes from the medicine cabinet. *Aspirin, antacids, cough drops, Pepto Bismal,* etc.
- Picture of the body for parts of the body.
- Simon says: Play *touch where it hurts.* (He's getting closer. Up a little, down, etc.)
- Have any handouts copied and ready for your class.

## TOPIC SEVEN: Body, Health, and Emergencies

#### **VOCABULARY**

| <u>Verbs</u>        |                  |                     |
|---------------------|------------------|---------------------|
| 1. Hurt             | 6. Stand up      | 11. Burn            |
| 2. Breathe in       | 7. Raise         | 12. Dial            |
| 3. Breathe out      | 8. Help          | 13. It hurts here!  |
| 4. Lie down         | 9. Throw up      | 14. Cough           |
| 5. Get up           | 10. Vomit        | 15. Show me.        |
|                     |                  |                     |
| <b>Prepositions</b> | <b>Opposites</b> |                     |
| 1. Up               | 1. Sick, Well    | 3. Cheap, Expensive |
| 2. Down             | 2. Good, Bad     | 4. Get up, Lie down |
|                     |                  |                     |
| Nouns               |                  |                     |
| 1. Nurse            | 6. Headache      | 11. Call 911        |
| 2. Doctor           | 7. Nosebleed     | 12. Rash            |
| 3. Emergency        | 8. Medicine      | 13. Aspirin         |
| 4. Throat           | 9. Hospital      | 14. Cough           |
| 5. Stomach          | 10. Ambulance    | 15. Cough drop      |
|                     |                  |                     |

### **Questions**

- 1. How much does it hurt?
- 2. How much money does it cost?
- 3. What's wrong?

#### READING AND SPEAKING EXERCISE

#### **Medical Situations**

#### Where's Jose today

Where's Jose today?

He's home sick.

What's wrong?

He has a headache.

I need my medicine today.

Do I need my medicine?

Take a deep breath.

Breathe in, breathe out.

What can I buy for a \_cough\_?

What do you have for a <u>headache?</u>

My stomach aches.

My head aches.

I hurt all over.

#### Does it hurt?

Ouch! That hurts.

I'm in pain. It hurts very much.

Where does it hurt?

Does it hurt here?

I don't know.

It hurts up here.

Right here?

Right here?

Is this where it hurts?

Ouch! Ouch!.

Yes, It hurts there. Right down there.

Right here?

Right up here?

No, down. there.

My head hurts there.

#### Does Pedro need a doctor?

Does Pedro need a doctor?

No, a doctor is too expensive.

What can I do?

Make him lie down.

Make him sit up.

You have a rash.

What can I do to help?

Dial 911.

Point to your (mouth, etc.)

Touch your \_\_\_\_\_.

I need an aspirin.

You need a cough drop.\_\_\_\_.

#### What do I take for it?

What do I take for my headache?

What do I take for it??

Take an aspirin.

Take an aspirin.

Go lie down and sleep.

What do I take for my cough?

What do I take for it?

Take a cough drop.

Drink lots of water and don't

talk.

What do I take for my

stomachache?

What do I take for it?

Take a tums.

Take an antacid pill.

It'll help.

It really will.

# TOPIC SEVEN: Body, Health, and Emergencies Wong-Baker FACES® Pain Rating Scale Wong-Baker FACES® Pain Rating Scale O 2 4 6 8 10 No Hurts Whole Lot Worst

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#### Instructions for Usage

Explain to the person that each face represents a person who has no pain (hurt), or some, or a lot of pain.

Face 0 doesn't hurt at all. Face 2 hurts just a little bit. Face 4 hurts a little bit more. Face 6 hurts even more. Face 8 hurt a whole lot. Face 10 hurts as much as you can imagine, although you don't have to be crying to have this worst pain.

Ask the person to choose the face that best depicts the pain they are experiencing

#### **WRITING EXERCISE**

Write the Sentences: I feel good. Do you feel good today?

| I feel good. Do you feel good today? |  |  |  |  |
|--------------------------------------|--|--|--|--|
|                                      |  |  |  |  |
|                                      |  |  |  |  |
|                                      |  |  |  |  |
|                                      |  |  |  |  |
|                                      |  |  |  |  |

| Write the words: <i>It hu</i> | rts, Breathe in, | , Stand up, | It burns in the |
|-------------------------------|------------------|-------------|-----------------|
| spaces below.                 |                  |             |                 |

| It hurts   |  |  |
|------------|--|--|
| Breathe in |  |  |
| Stand up   |  |  |
| It burns   |  |  |

## Write the Sentences: *Is this an emergency? Yes, it is.* in the spaces below

| _     |                                   |  |  |  |  |  |  |
|-------|-----------------------------------|--|--|--|--|--|--|
| Is th | Is this an emergency? Yes, it is. |  |  |  |  |  |  |
|       |                                   |  |  |  |  |  |  |
|       |                                   |  |  |  |  |  |  |
|       |                                   |  |  |  |  |  |  |
|       |                                   |  |  |  |  |  |  |

## Write the words: Aspirin, Cough drops, Medicine, Rash, Hospital in the spaces below.

| Aspirin     |  |  |
|-------------|--|--|
| Cough drops |  |  |
| Medicine    |  |  |
| Rash        |  |  |
| Hospital    |  |  |

# Write the words: *Nurse, Headache, Stomach, Call 911, Nosebleed* in the spaces below.

| vosevieea iii u                | ne spaces belov      | W.               |                         |
|--------------------------------|----------------------|------------------|-------------------------|
| Nurse                          |                      |                  |                         |
| Headache                       |                      |                  |                         |
| Stomach                        |                      |                  |                         |
| Call 911                       |                      |                  |                         |
| Nosebleed                      |                      |                  |                         |
| Write the Sent<br>spaces below | ences: Where o       | does it hurt? R  | <i>ight here.</i> in th |
| Where does                     | it hurt? Right       | here.            |                         |
|                                | _                    |                  | _                       |
|                                |                      |                  |                         |
|                                |                      |                  |                         |
| Write the Sent<br>below        | ence: <i>My moth</i> | er is in the hos | spital. in the sp       |
| My mother is                   | in the hospit        | al.              |                         |
|                                |                      |                  |                         |
|                                |                      |                  |                         |
|                                |                      |                  |                         |
|                                |                      |                  |                         |

| Write the Question: <i>How much does it hurt?</i> in the spaces below                 |
|---|
| How much does it hurt?  |
|   |
|   |
| Write the Question: On a scale of 1 to 10, how much does it hurt? in the spaces below |
| On a scale of 1 to 10, how much does it hurt?   |
|   |
|   |
| Write the Sentence: It's about a 6 today. in the spaces below                         |
| It's about a 6 today.   |
|   |
|   |
| Write the Sentence: It really hurts a lot. It's about an 8.                           |
| It really hurts a lot. It's about an 8.   |
|   |
|   |